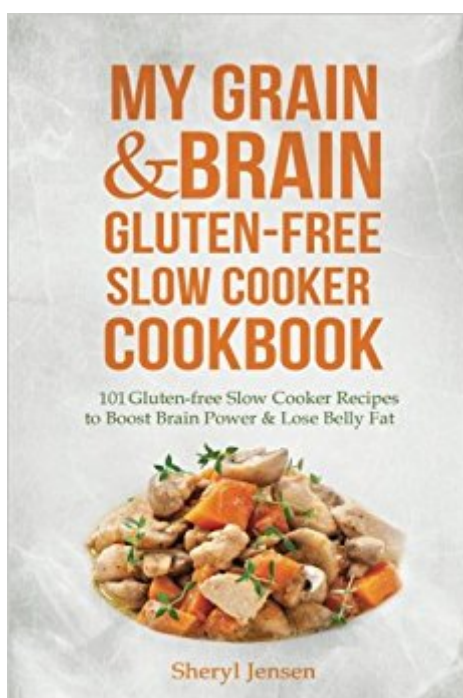


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# My Grain & Brain Gluten-free Slow Cooker Cookbook: 101 Gluten-free Slow Cooker Recipes To Boost Brain Power & Lose Belly Fat - A Grain-free, Low Sugar, Low Carb And Wheat-Free Slow Cooker Cookbook



## Synopsis

Get the Grain & Brain Gluten-Free Slow Cooker Cookbook - The Smarter & Easier Way To Eat! Following a Brain Healthy Gluten Free Diet Just Got Easier! My Grain & Brain Slow Cooker Cookbook is an ideal companion for anyone looking for: Gluten-Free Slow Cooker Recipes    Grain Free Recipes    Gluten Free Recipes    Wheat Free Belly Recipes    Brain Health Recipes    Wheat Free Recipes    Celiac Recipes    Autoimmunity Recipes    Low Sugar Recipes    Low Carb Recipes This cookbook consists of 101 recipes that are specially created for a healthy and tasty experience. The book is also beginner friendly and consists of ingredients that are easy to find with easy-to-follow instructions. Readers are assured that the choice of ingredients used in these recipes are carefully chosen, based on a brain healthy gluten-free diet. Therefore, only the healthiest proteins, fats, fruits and vegetables are used in order to ensure that you are eating for a healthy brain advantage. Now you can start or maintain your brain healthy gluten-free diet without worrying about time constraints.

## Book Information

Paperback: 218 pages

Publisher: CreateSpace Independent Publishing Platform (October 4, 2014)

Language: English

ISBN-10: 1502719649

ISBN-13: 978-1502719645

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 13.8 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 20 customer reviews

Best Sellers Rank: #290,830 in Books (See Top 100 in Books) #58 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Wheat Free #87 in Books > Cookbooks, Food & Wine > Special Diet > Wheat Free #136 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Alzheimer's Disease

## Customer Reviews

It's ok.

GREAT

Awesome cookbook! Thank you!

Good

Have tried several recipes and loved everyone. So far the meatballs are the family's favorite.

Do not like this one as well as others ordered.

Not my favorite cookbook!

Okay book.. Nothing remarkable for our needs.

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